

Mobile phones ring the changes for marriages and millennial relationships

UK adult relationships are suffering

36%

of people in a relationship claim they or their partner are **distracted by their mobile phones**

24%

of married UK adults say they ignore or are ignored by their partner **when they are on their phones**

31%

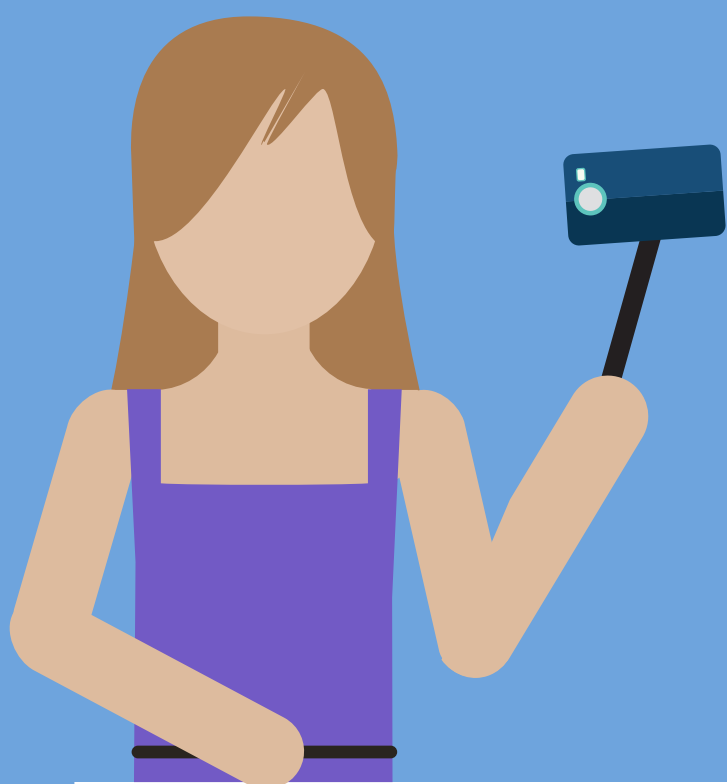
of married UK adults say they or their partner are **distracted by their mobile phone**

27%

of people in a relationship are **being ignored or are ignoring** their loved one when they are on their mobile phone



Millennial couples (25 to 35-year olds)



57%

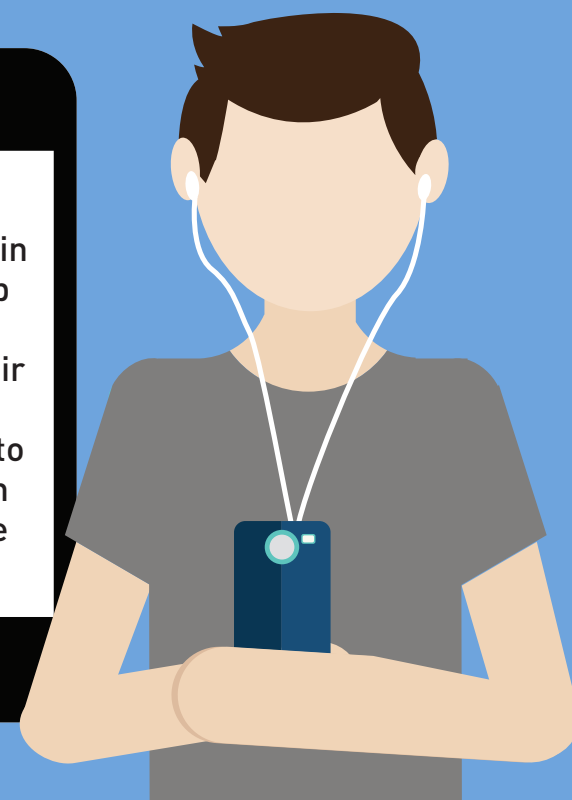
of millennials in a relationship get the cold shoulder because they or their partner are distracted by their mobile phone

45%

of millennials reveal they ignore or have been ignored by their partner when they are on their mobile phone

11%

of millennials in a relationship have been disloyal or their partner has been disloyal to them through mobile phone technology



What people in a relationship said they would be prepared to give up for **seven days**

15%



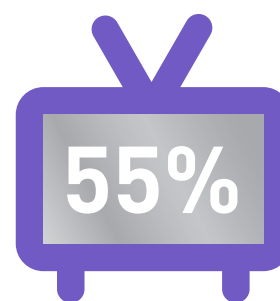
said their partner

76%



said social media (Instagram, Facebook, Twitter, YouTube)

55%



watching live TV or on demand services like Netflix



saying they would be prepared to give up their mobile phone

*In a relationship includes couples who are married, in a civil partnership, living together and in a relationship but not cohabiting

Research commissioned by Stephenson Solicitors LLP and conducted by YouGov. Total sample size was 2054 adults, of which 1,328 were in a relationship. Fieldwork was undertaken between 20th - 21st February 2019. The survey was carried out online.

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